

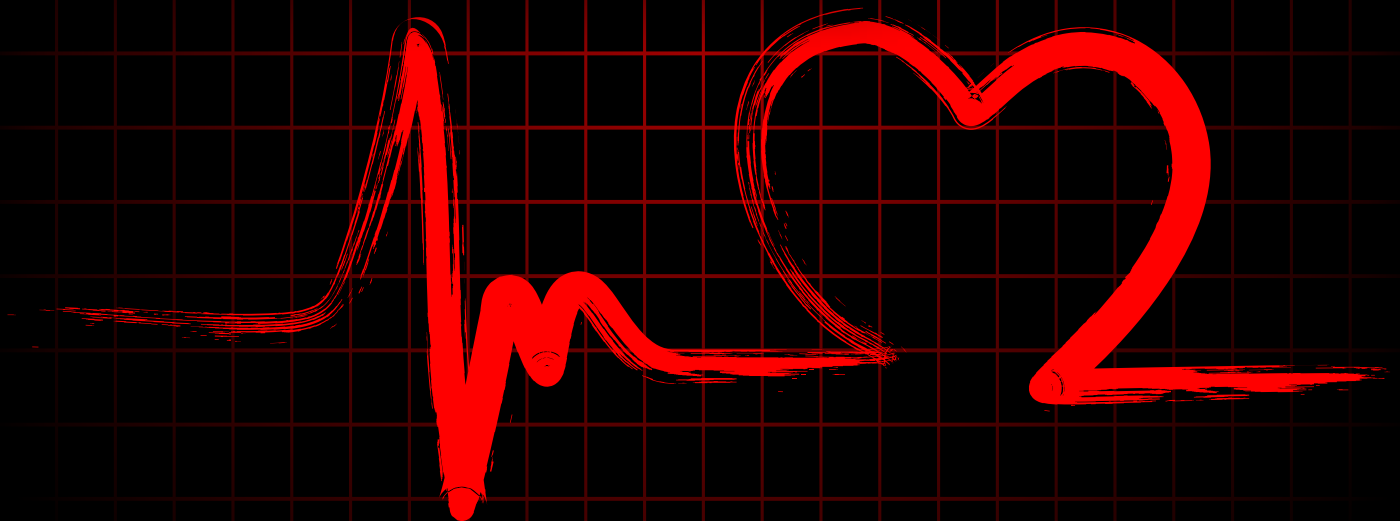


COMMUNITY
WORKFORCE
RESEARCH
DATA
QUALITY

Winter 2013

www.dfwhcfoundation.org

THE HeartBeat OF HEALTHCARE



The 17th Annual
Employee of the Year Luncheon

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www.dfwhcfoundation.org

Foundation Mission

To serve as a catalyst for continual improvement in community health and healthcare delivery through education, research, communication, collaboration and coordination.

Foundation Vision

Act as a trusted community resource to expand knowledge and develop new insight for the continuous improvement of health and healthcare.

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foundation president's column

Mental Health Conundrum



Kristin Jenkins

JD, FACHE
President, DFWHC Foundation
Senior Vice President, DFWHC

SINCE OUR COUNTRY'S RECENT TRAGEDY AT SANDY HOOK, two policy debates have taken center stage: gun control and mental health.

For those of us working within healthcare, we are intrigued by the exploration and improvement of mental health. This exploration is critical when attempting to save lives from sudden, violent acts of aggression. It is critical when attempting to reduce suffering – a key mission for healthcare. We can improve our mental health and the mental health of others. This is the hard work that can minimize loss of health and loss of life. It's important for all of us to get educated and involved.

One in four Americans suffer with a mental illness. According Dr. Tom Insel, director the National Institute for Mental Health, "Americans with mental illness die 14-32 years earlier than the general population. Average life expectancy for people with mental illness ranged from

49-60 years — a life span on par with Sudan (58.6 years) and Ethiopia (52.9 years)."

Sufferers have high rates of diabetes and obesity, as well as chronic health conditions. There's a high prevalence of co-morbid medical conditions including substance abuse and addiction. To move towards better mental well being, these tools can help:

1. Connect with others: Fight stress with friendship.
2. Stay positive: Change your thinking to change your life.
3. Get physically active: Exercise can make you happier.
4. Help others: Serve others rather than sipping martinis at Happy Hour.
5. Get enough sleep: Being tired hurts your mental and physical health.
6. Create joy and satisfaction: Laugh, find a hobby, enjoy relaxation.
7. Eat well: The right foods fuel your mind and fight disease.
8. Care for your spirit: Pray, meditate or connect with inner thoughts.
9. Deal with hard times: Coping tools help.
10. Get professional help if you need it: Don't hesitate to seek help.

You can help others by:

1. Raising awareness on the importance of social determinants of health.
2. Pursuing policies to assure healthful food, safe housing and living wages.
3. Supporting activities to build social networks.
4. Celebrate "May is Mental Health Month," which began in 1949.
5. "Do more for 1 in 4" (www.mentalhealthamerica.net.)

Do you need help, but don't know where to turn? Use these resources:

1. http://www.mentalhealthamerica.net/llw/depression_screen.cfm
2. <http://www.nmha.org/go/recovery>.

For more information on the "Mental Health Conundrum," please go to the DFWHC Foundation blog at www.dfwhcfoundation.org/about/blog. ■

Around DFWHC Foundation

AstraZeneca makes donation to website

THE DALLAS-FORT WORTH HOSPITAL COUNCIL FOUNDATION (DFWHC FOUNDATION) announced today that global biopharmaceutical company AstraZeneca has made a charitable contribution of \$2,000 in support of the community health website Healthy North Texas (www.healthyntexas.org). Created under the direction of the DFWHC Foundation, the website's efforts in detailing North Texas diabetes inspired the contribution. The DFWHC Foundation's work in forming the Community Health Collaborative and the Diabetes Strategic Plan for North Texas were also factors in the donation.

"Healthy North Texas was created to provide residents an Internet resource for data about our community's health," said Kristin Jenkins, president of the DFWHC Foundation. "We are thrilled to receive this donation from AstraZeneca in support of this important tool for researchers, political planners and community leaders."

Providing easy-to-use information detailing the health of local residents, Healthy North Texas went live in 2011. The website is a headquarters for informational data involving population health. This information assists planners and policy makers when identifying areas for improvement. Similar websites have been created in San Francisco, Miami and Arizona.



AstraZeneca discovers and develops prescription medicines for important areas of healthcare. AstraZeneca is a global biopharmaceutical business with a focus on prescription medicines for gastrointestinal, cardiovascular, neuroscience, respiratory and inflammation, oncology and infectious disease. For more information, please visit: www.astrazeneca-us.com. ■

Submission Month	Inpatient/Outpatient Due
January 2013	March 15, 2013
February 2013	April 15, 2013
March 2013	May 15, 2013
April 2013	June 15, 2013
May 2013	July 15, 2013
June 2013	August 15, 2013
July 2013	September 15, 2013
August 2013	October 15, 2013
September 2013	November 15, 2013
October 2013	December 15, 2013
November 2013	January 15, 2014
December 2013	February 15, 2014

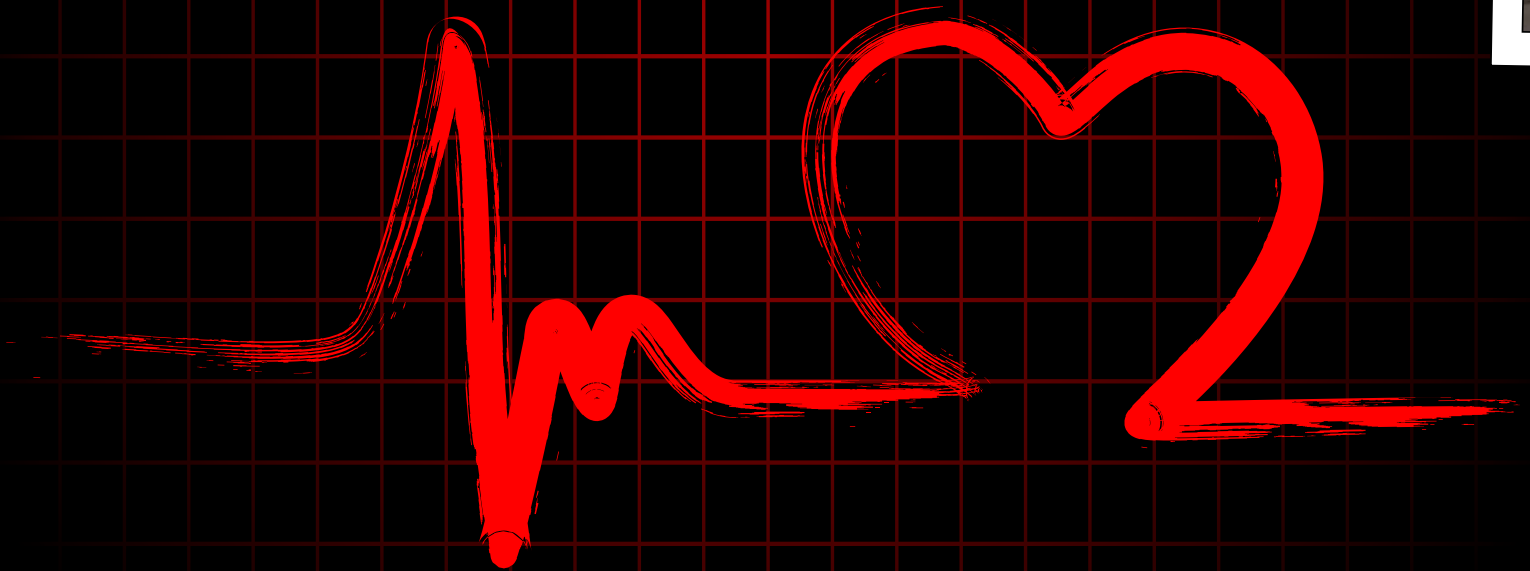
DATA SUBMITTING SCHEDULE RELEASED

AS OF 2013, THE DALLAS-FORT WORTH HOSPITAL COUNCIL FOUNDATION (DFWHC Foundation)

Information and Quality Services Center member hospitals will be required to submit both outpatient and inpatient data on a monthly basis. The new submission schedule will reduce the lag time between the submission and the release of the data. While there are no penalties associated with missing the monthly submission deadlines, this requirement has been included in contract agreements for all member hospitals.

The DFWHC Foundation would like to take this opportunity to thank hospital data submitters for their hard work. Submitters have tirelessly endured numerous submission changes and upgrades. Thanks to your patience, these implementations have improved processes and efficiencies. Users were required to be trained to utilize data correction tools with new procedures, as well as learning the new state-required 5010 data format. These major changes were critical in moving towards new ICD-10 coding and Present on Admission reporting standards. ■

THE HeartBeat OF HEALTHCARE



Honoring the best hospital employees in North Texas

The 17th Annual
Employee of the
Year Luncheon



April 18, 2013

Reception 11:00 a.m.

Luncheon 12:00-2:00 p.m.

Irving Convention Center

With a special mystery guest

Benefiting the
DFWHC Foundation
Workforce Center

For information:
Chris Wilson
chrisw@dfwhc.org



Photographs by Jerry McClure

17th Annual Employee of the Year Luncheon set for **April 18** in Irving

A CELEBRATION OF NORTH TEXAS HOSPITAL EMPLOYEES, the Dallas-Fort Worth Hospital Council Foundation's (DFWHC Foundation) 17th Annual Employee of the Year Luncheon is set for April 18 at the Irving Convention Center. The 2013 winners will be announced at the event from a pool of more than 90 nominees. This year's speaker will be a special mystery guest unknown until attendees enter the ballroom.

For 16 years, the Employee of the Year Luncheon has been an opportunity to salute the North Texas hospital workforce, a crucial group of employees making a difference in the health of our residents. Nominees are selected by hospitals and introduced at the event. In the fashion of an awards show, recipients will be announced and asked to come to the stage to receive their honor.

Nominees are separated into four categories including hospitals between 0-99 beds, hospitals between 100-250 beds, hospitals between 251-499 beds and hospitals with more than 500 beds. Two recipients are selected from each category. Additional honors include the Community Service Award, Physician Award, the Hospital System Award, the Volunteer Award and the Rex McRae Scholarship.

"We're looking forward to this year's Luncheon and we hope it can serve as a tool for area hospitals to inspire their great employees," said Kristin Jenkins, president of the DFWHC Foundation. "This event can make a difference by helping to build morale in our hospitals. It boosts spirits within the workforce, improves quality of care, quality of life and recognizes the importance of each individual. This event allows North Texas hospitals to share success beyond their company walls."

Award nomination forms will be distributed to hospitals in February. Executive and Hospital sponsorship packets are now available. Tickets will go on sale in March. For information, contact Kristin Alexander or Chris Wilson at 972-719-4900. ■

"This event can make a difference by helping to build morale in our hospitals. It boosts spirits within the workforce, improves quality of care, quality of life and recognizes the importance of each individual."

Around DFWHC Foundation



Patient Safety

DFWHC Foundation releases Hospital Engagement Network annual report

IN A DALLAS-FORT WORTH HOSPITAL COUNCIL FOUNDATION (DFWHC FOUNDATION) DEC. 10 ANNUAL REPORT on the Hospital Engagement Network (HEN), improvement was reported across the board for participating hospitals.

The Department of Health & Human Services announced in 2011 it would award \$218 million to hospitals and hospital

associations for the creation of learning collaboratives targeting preventable injuries and complications from hospital-acquired conditions. The DFWHC Foundation was awarded part of the grant for 2012.

HENs identify best practices that can be used to improve patient safety while working towards sharing best practices with other hospitals.

According to the report, the DFWHC Foundation HEN has 22 hospitals participating. Of these hospitals, two are committed to working on all initiatives, 15 are working on 60 percent of the initiatives, two are working on initiatives provided by their facility, and the remaining three are working on initiatives of importance to them.

Within the DFWHC Foundation HEN, six hospitals (27 percent) have met or exceeded the 20 percent readmission reduction. Two hospitals have significantly exceeded those numbers with a reduction of between 40-60 percent. Two additional facilities have 11-14 percent reductions.

Eight of the participating hospitals have met the 40 percent reduction in aggregated Hospital Acquired Conditions (HACs).

Three of the highest performers have met or exceeded 20 percent reductions in readmissions. The report also encouraged systems to provide recognition for high performing hospitals. Quarterly reports are being sent to hospital leaders by the DFWHC Foundation HEN, with high performers encouraged to share their processes.

"We're please with the results detailed in the annual report," said Kristin Jenkins, president of the DFWHC Foundation. "This is a great movement to create awareness about best practices and how they can improve patient safety. We are thrilled to continue to be a part of this important project."

The report detailed Catheter Associated Urinary Tract Infection (CAUTI) as an area of important focus. Educational opportunities to reduce both CAUTI and Central Line Associated Blood Stream Infections (CLABSI) were provided, with 20 of 22 hospitals reporting no CAUTI. While CLABSI rates have been reported, according to the report, the aggregate reduction has exceeded a 40 percent goal.

Pressure Ulcer prevention was also termed a success, with zero incidences of Stage III and IV ailments. All hospitals within the DFW Foundation HEN achieved zero incidence of Venous Thrombo Embolism (VTE), with a significant drop from 2010 to 2011. Outcomes for May and June moved the incidence from approximately two VTE per 1000 patient discharges down to zero. Ongoing strategies will expand VTE prevention to medical patients with decreased mobility. Other areas of success included Glycemic control in surgical patients, Non-medically indicated deliveries prior to 39 weeks, falls and birth trauma.

Also mentioned were reductions of Urinary Tract Infections, CRBSI (Central Catheter Related Blood Stream Infection-also known as CLABSI) and Ventilator Acquired Pneumonia (VAP). The report noted that half of the participating facilities are expanding their protocols to incorporate stronger systems for patient hygiene, with future steps to include training on the importance of body and oral hygiene to reduce bio-load and aspiration pneumonia.

"The DFWHC Foundation's Patient Safety Summit this past August is another project we believe had a profound affect upon these 2012 numbers," Jenkins said. "The event was attended by many HEN participants, in addition to attendees from several states. With more than 400 attendees over two days, participation more than exceeded our expectations. In 2013, we plan to provide more programs both live and via web streaming to reach more people regardless of DFWHC Foundation HEN participation."

The report states the strength of the DFWHC Foundation HEN resides in relationships with the 77 hospitals participating in its data warehouse and the facilities willing to make data transparent to participating hospitals.

"While additional reports were created with the HEN in mind, those reports are available to all, not just those aligned with the DFWHC Foundation HEN," said Jenkins. "Having hospitals participate in educational events and on the Patient Safety and Quality committee provides additional strength to the program."



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There are many high-performing hospitals within the region, leading to greater competition and improved care, quality and patient safety."

Carol Young, director of quality and patient safety at the DFWHC Foundation, said an opportunity within the HEN is to be a catalyst for positive reporting of successful hospitals.

"One weakness in Texas is transparency," she said. "Few facilities include quality and patient safety as a standing section for staff meetings. Fewer facilities have run charts displayed, even in staff areas for recognition or guidance. Recent LeapFrog Group Grades poses both an opportunity and a threat. Area newspapers seem to report the negative news. Ideally, hospitals would interpret transparency as an opportunity to refute the historical data LeapFrog uses for scoring."

Having data readily accessible provides a more current view of outcomes, according to the report's conclusion. Future goals are to move away from quarterly data submission, which leads to an unwieldy 3-6 month lag. Beginning in 2013, hospitals will be asked to submit data monthly, decreasing the lag to 6-12 weeks. By 2014, the goal will be for all hospitals to submit monthly data. ■

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Around DFWHC Foundation

Workforce grant proposal

Four HWRCs will be awarded for a total of up to \$1.2 million per fiscal year, with individual awards between \$300,000 and \$500,000

THE DALLAS-FORT WORTH HOSPITAL COUNCIL FOUNDATION (DFWHC FOUNDATION) has submitted a grant proposal for the Health Workforce Research Center (HWRC) Program. The Bureau of Health Professions (BHP), within the Health Resources and Services Administration (HRSA), is providing funding to organizations to support the Health Workforce Research Centers (HWRCs) Cooperative Agreement Program. Recipients will establish Health Workforce Research Centers (HWRC), which conduct and disseminate analysis of the health workforce. This analysis involves issues of national significance with specific areas of research concentration. Up to four HWRCs will be awarded for a total of up to \$1.2 million per fiscal year, with individual awards between \$300,000 and \$500,000 which would amount to nearly \$2 million dollars over four years in North Texas. Notification of awards is expected by September 2013.

Objectives of the HWRC Program are to increase high quality, impartial and relevant research on the health workforce. This will assist decisions at the federal, state and local levels to better understand health workforce needs to ensure access to high quality and efficient health care. The HWRC Program will capitalize on the expertise of researchers to provide a deeper understanding of health workforce issues and expand the scope of BHP.

HWRCs will conduct policy-oriented research on health workforce issues and synthesize the results into reports easily understood by a non-technical audience. For the purposes of this activity, research is defined as collecting, analyzing and reporting



data. HWRCs will develop and disseminate such research products in consultation with the National Center for Health Workforce Analysis (National Center) within BHP and other decision-makers. Recipients will examine critical issues related to the supply, demand, distribution and capacity of the health care workforce. Research findings and technical assistance will inform stakeholders and policy-makers.

DFWHC Foundation Workforce Center has submitted an application to serve as a Research HWRC, leveraging its experience with healthcare data and workforce collaborations. The research is expected to benefit the region, as well as the state and nation. The grant proposal will target four research projects per year and several ad hoc requests as needed from the BHP.

If you have further questions, please contact Sally Williams, Workforce Center Director, DFWHC Foundation at swilliams@dfwhcfoundation.org or call 469-648-5030. ■

Data Assets

The Dallas-Fort Worth Hospital Council Foundation

Information and Quality Services Center	Texas Quality Institute	Healthy North Texas	Regional Extension Center	Healthcare Workforce Center	Hospital Engagement Network
Inpatient Claims Outpatient Claims Regional Enterprise Master Patient Index	Cardiology and Thoracic Surgery Clinical Data 800 clinical data points per encounter	Community Health Metrics Population Measures Best Practice outcome measures	Customer Relationship Management (sales force)	Regional Workforce Planning Collaboration Hospitals Partners Workforce Data for Allied Health and Nursing	Patient Safety and Quality Measures Regional Analyses and All-payor, All-cause Readmissions in North Texas

Inputs

Information and Quality Services Center	Texas Quality Institute	Healthy North Texas	Regional Extension Center	Healthcare Workforce Center	Hospital Engagement Network
Hospitals Texas Healthcare Information Collection	Hospitals Physicians	Federal Data Sources (CDC, BRFSS) State Data Sources (Texas Department of Health) Providers	Medicare Physicians Staff Observations	Hospitals	Hospitals

Characteristics

Information and Quality Services Center	Texas Quality Institute	Healthy North Texas	Regional Extension Center	Healthcare Workforce Center	Hospital Engagement Network
2006-present 80 facilities over 17 counties 31 million patient encounters 8.5 million unique individuals Track all-payor, all-cause readmissions	2008-present 94% participation of regional cardiac surgery programs Administrative and performance data 20,000 heart cases	Publically accessible online data warehouse for 12-county regional Used for needs assessment, surveillance and evaluation	Demographic and meaningful use Electronic Health Record status of 1,500 primary care physicians 42 counties Federal Cooperative Agreement	Five years of data 45-plus hospitals 58,000 health employees records Strategic planning for Allied Health and Nursing workforce	Federal contract from Centers for Medicare and Medicaid Services Monitors outcomes of eight adverse health events

The Dallas-Fort Worth Hospital Council Foundation has an extensive data warehouse and numerous resources available. The data is highly granular, electronic in format and in a constant state of renewal. The information involves more than 75 hospitals including public, private, urban, rural, large and small. The warehouse serves as a repository for meaningful research on all aspects of healthcare service and delivery. ■